MISSION

The School of Rehabilitation Science aims to provide exemplary educational programs for students in occupational therapy, physiotherapy, rehabilitation science and health management. The School will contribute to the advancement of health care in general and rehabilitation science in particular through excellence in collaborative research and service initiatives.

VISION

The School of Rehabilitation Science aims to provide outstanding leadership in rehabilitation science at the national and international levels through continued expansion of innovation in education and research as well as increased commitment to service partnerships with clients and rehabilitation providers.

GOALS

• Excellence in education through the development, implementation, promotion and evaluation of: problem-based, self-directed lifelong learning that is interdisciplinary and based on evidence.

• Research/scholarly activity in clinical and educational research. We recognize that there is a need to increase the research skills and productivity of faculty as well as consolidate the major research directions of the school.

• Service through the support of ongoing efforts of faculty and staff to serve the university, local community and provincial and national communities.
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I am once again proud to be sharing this annual report with faculty, colleagues, alumni and community supporters of the School of Rehabilitation Science (SRS). The report highlights the SRS’s accomplishments from January 2013 – June 2014. As a School, we are delighted with all that we have accomplished in this time period. We would not experience our successes without the relationships that we have fostered with the community and the partnerships we have created both internal and external to McMaster.

The SRS has continued to demonstrate excellence in both education and research. This is evident through the numerous research grants that our faculty members have received and through the awards and accomplishments of both our faculty and students. The grants awarded to our faculty have allowed the School to excel in several key areas including; aging and wellness, pain and disability, stroke rehabilitation and childhood disability among many other important areas of rehabilitation research. Through funding gained through McMaster’s first Forward With Integrity program, the SRS was also able to successfully launch the MAC H’OPE clinic; a partnership with the YMCA located in downtown Hamilton designed to help support the unmet rehab needs of the surrounding community while providing a positive learning opportunity for students. SRS faculty and students have been widely recognized over the past eighteen months with numerous awards and accolades and have been featured in the media. Their accomplishments are highlighted throughout this report.

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Within our educational programs we continue to introduce innovation and expansion. For example our Rehabilitation Science program introduced a new specialization within the MSc Course base option; the Advanced Orthopaedic Musculoskeletal / Manipulative Physical Therapy stream (OMPT), which is now available to students. Our professional programs in Occupational Therapy and Physiotherapy continue to attract the most applicants in Ontario. Through our collaborations with the DeGroote School of Business, our Master of Health Management is thriving and we celebrated the first graduating class in May of 2013. In 2013 the SRS welcomed two new physiotherapy faculty members. Dr. Ada Tang came to the SRS from the University of British Columbia and has already achieved a significant accomplishment within her appointment having received a Heart and Stroke Clinician-Scientist Career Award. Dr. Michelle Kho is “one of our own” having completed her physiotherapy training and her PhD at McMaster. We are delighted that Dr. Kho is the first Canada Research Chair within the SRS. We also celebrated the retirement of two important, long-standing contributors to the SRS. Dr. Mary Law retired from the SRS as of June 30, 2014, leaving an enormous legacy within the SRS, McMaster and the broader OT community (read more on p. 16). Nancy Plews, Assistant Clinical Professor and SRS Administrator also retired in September 2013. We thank both for their commitment and contributions to the SRS and the role they played in shaping the School into what it is today.

I invite you to continue reading this annual report where you will find more information on our School’s successes and noteworthy items.

Patty Solomon
Associate Dean & Director
School of Rehabilitation Science
in education and research

WITHIN OUR EDUCATIONAL PROGRAMS WE CONTINUE TO INTRODUCE INNOVATION AND EXPANSION.
Physiotherapy

The SRS Physiotherapy (PT) Program prepares students with the knowledge, skills and professional behaviours required to practice as autonomous, entry-level clinicians. With an emphasis on problem-based, small group and self-directed learning, the Program integrates academic and clinical educational experiences over 25 months. In November 2013, 65 students graduated, ready to shine as PT Program graduates applying their knowledge and skills in a variety of roles and diverse practice environments.

The PT faculty continue to demonstrate national and international leadership through their publications, knowledge translation activities, grants, awards, and accolades. There are many examples, including: Joy MacDermid awarded a CIHR Research Chair in Gender, Work and Health; Dr. Monica Maly, received the Ontario Physiotherapy Association’s (OPA) Award for Research; and one of the SRS’s newest PT faculty members, Dr. Ada Tang, was the recipient of a Heart and Stroke Foundation Clinician-Scientist award, as well as an Ontario Ministry of Innovation and Research early researcher award for her work in stroke rehabilitation.

The calibre of McMaster physiotherapy students also shone in 2013/2014. PT students took the Physiotherapy Foundation of Canada Fun Run Student Challenge prize, raising the most dollars among PT schools competing, with Class of 2014 student Sarah Luxon spearheading the team. There was strong representation of current students and past graduates at the OPA and Canadian Physiotherapy Association (CPA) annual meetings. This included students Samantha Austin, Emily LeBlanc, and Patrick Milne, whose REBP project placed second in the 2014 Ann Collins Whitmore Student Competition; and, Class of 2014 student, Anik Sarkar, winning CPA Congress’ inaugural “2 minutes, 2 slides” competition.

The program has been focusing on curriculum renewal, as well as Program accreditation, with the onsite review scheduled for November 2014. The strength, commitment and caliber of McMaster’s faculty, staff and clinical instructors is evident.
David Evans, MSc PT class of 2014

Following his graduation from McMaster’s Physiotherapy (PT) program, David Evans is looking forward to practicing in the areas of orthopedics and sports in Halifax, NS.

He attributes his confidence in taking this major career step to skills he acquired in the two year Master’s program, which is rooted in problem-based and small group learning. The program fosters collaboration among students and combines academic and clinical learning.

“What is impressive about McMaster’s PT program is the strength of and the opportunity for self-directed learning,” said Evans. “The intensity of research generated by physiotherapy faculty and clinicians who are recognized internationally for applying evidence-based practice in physiotherapy is equally as inspiring.”

Evans also appreciated the opportunities offered outside the classroom where he gained complementary skills through a wide range of activities including serving as a multiple-mini interviewer for the program’s admissions day and as the program’s lab assistant.
Occupational Therapy

The SRS Occupational Therapy (OT) program prepares students for a career in OT by educating students to acquire a comprehensive knowledge base, building strong clinical skills and developing appropriate professional behaviours required of occupational therapists today. The two year professional Masters of Science program is divided between in-course learning and practical clinical experience through five terms of university study and four complementary clinical education placements. In November 2013, the OT program graduated 62 students with the knowledge and skills required to practice as successful therapists in communities across the country.

The OT program continues to boast a strong faculty; recognized for their contribution and leadership within their respective fields and who remain at the forefront of the discipline. This strength was exemplified in 2013/2014 with Dr Joyce Tryssenaar receiving the Barbara Sexton Lectureship at Western University’s School of Occupational Therapy and Dr Mary Law receiving the Lifetime Membership Award from the Canadian Association of Occupational Therapists. Beyond the receipt of honours and awards, the OT faculty had another year of success with numerous research grants and publications and were also highlighted in media outlets such as CBC news, the Montreal Gazette, and the Windsor Star.

The OT curriculum was revised starting in 2012 and has become more firmly rooted with positive impacts. The new program structure has made it easier to work with community partners (and vice versa) to meet the practica placement demands of the clinical education component of the program. The focus has now shifted to accreditation (2016) to ensure that all of the components are in place to demonstrate the exemplary education offered in the Occupational Therapy Program at McMaster.
“THIS PROGRAM ALLOWS ME TO DRIVE FORWARD WITH MY PASSION.”

– Lindsay Blackman

Lindsay Blackman, MSc OT class of 2014

Second-year Occupational Therapy (OT) student Lindsay Blackman finds McMaster University’s OT program is an excellent complement to her passion for promoting opportunities for people with disabilities and marginalized groups, and her desire to challenge the status quo.

“This program allows me to drive forward with my passion,” she said.

Blackman, 24, who holds a degree in labour studies from McMaster, finds similarities between her studies in the two programs. “Both programs speak to advocacy and allowing individuals access to needed tools and knowledge that will allow them to move forward in their life in a meaningful way. Both programs speak to the individual and environmental influences that impact day to day life,” she said.

While searching for graduate programs across multiple universities to determine the program most compatible with her interests and learning style, she discovered McMaster’s OT program grounded in self-directed/problem-based learning.

“I really felt I knew that this was the place for me,” she said. “After discovering this program, I further read into the role of an occupational therapist, talked to one of my friends who is an OT in mental health, and realized quickly that the program, and a career in OT, was a great fit for me.”
Rehabilitation Science
Thesis and Course Based Programs

The SRS offers three graduate options in Rehabilitation Science. The graduate program focuses on clinically relevant research that advances rehabilitation particularly in the areas of childhood disability and participation; neuromusculoskeletal function and mobility; functional health with aging and chronic disease; work, ability, and participation; Orthopedics Manipulative Physical Therapy (OMPT); and, best practice and knowledge translation. The three options include a Master of Science Course-based, a Master of Science Thesis-based, and a PhD. In the 2013-2014 academic year, there were 116 students enrolled in the program.

This year, the RS program introduced the new Master’s Course-based, Advanced Orthopaedic Manipulative Physical Therapy stream (OMPT). This stream develops a specialization standard in OMPT practice. The objective of this stream is to advance scientific knowledge, clinical reasoning application, and clinical and research skills development with a broad appreciation of the concepts of clinical measurement and integrated evidence-based practice in OMPT.

The RS Graduate Program successfully completed its Institutional Quality Assessment Process this academic year. External reviewers were complementary and noted the excellence of the curriculum, supervisors, trainees and the positive outcomes for our graduates.

In 2014, the calibre of the faculty involved in the program was acknowledged through a published analysis by Dr. Joy MacDermid demonstrating the impact of OT and PT faculty from departments across Canada. In this analysis, McMaster faculty had the highest productivity and the three most productive PT/OT faculty members in Canada were from McMaster, as indicated by the H-index.

Student excellence was acknowledged as a number of our students received highly competitive scholarships and research awards, such as the Vanier Canada Graduate Scholarship; Canadian Institutes of Health Research (CIHR) Doctoral Scholarship; CIHR JuMP Training Grant; Ontario Graduate Scholarship; Ontario Women’s Health Scholarship; and, Faculty of Health Science Awards.
Jordan Miller, RS PhD candidate

A registered physiotherapist working with people with musculoskeletal injuries, Jordan Miller questioned whether or not something more could be done to help people with persistent pain and prevent patients from progressing from acute to chronic pain.

“Through pursuing my PhD with the Rehabilitation Science (RS) Graduate program, I have started to fill in knowledge gaps and have learned how to best approach answering the clinical questions I was asking,” he said. “Going through the RS program has also broadened my look at physiotherapy, rehabilitation, pain and disability through collaboration with colleagues in diverse fields.”

Miller said the RS Program has also fostered his passion for clinical research, confirming for him his decision to switch career paths from clinician to academic. “The School of Rehabilitation Science has given me the knowledge, skills and experiences needed to succeed as an independent scientist,” he said. “I have had the opportunity to gain strong theoretical foundations, an understanding of research methodology, grantsmanship skills, and practical experience conducting research, writing and teaching.”
Offered in partnership between the DeGroote School of Business and the School of Rehabilitation Science, the Master of Health Management (MHM) program prepares regulated healthcare professionals to meet the demands of a career in health management. This part-time distance education degree utilizes the latest asynchronous, on-line teaching techniques with two short, intensive, onsite residency periods to deliver the program. Experts with experience in academia, industry and government teach students the skills needed to solve complex healthcare problems.

As of November 2013, enrollment in the program grew to 110 bright and highly motivated students coming from diverse healthcare professions and extending coast to coast. The program had the privilege of graduating a total of 39 students during this time, 13 from the Cohort of 2013 and 26 from the Cohort of 2014. Student excellence was recognized by the MHM program with the presentation of the Award of Excellence, the Scholarly Paper Award, and the Community Contribution Award at the yearly June convocation reception. Many students also earned the Certified Health Executive designation, while working on their degree, through an alliance between the MHM program and the Canadian College of Health Leaders.

The residency periods were again a great success for both the program and the students. These residencies enable students to learn from local health executives; provide students the chance to experience a face-to-face connection with their peers; and give the students an opportunity to expand their professional network. The periods also allow students to meet with faculty who could potentially serve as their advisor in conjunction with the program’s scholarly paper component. Recent residency keynote speakers have included Donna Cripps, the Chief Executive Officer of the Hamilton Niagara Haldimand Brant Local Health Integration Network; Brenda Flaherty, Executive Vice-President for Hamilton Health Sciences and; Dr. Samantha Nutt, Founder and Executive Director of WarChild.

In June of 2014, the program bid farewell to one of the MHM’s Co-Directors, Dr. Mary Law. It was through Mary’s creative vision that led to the launch of MHM and her steadfast leadership that has helped shape MHM into the successful program it is today. Dr. Patty Solomon was appointed to the Co-Director position from the SRS. As Associate Dean of the SRS, Dr. Solomon brings enormous experience and knowledge to the role and enthusiasm for helping to lead the MHM through its next chapter.
“THE ONLINE, PART-TIME METHOD ALLOWED ME THE OPPORTUNITY TO STUDY AND LEARN IN A WAY THAT WOULD NOT OTHERWISE BE AVAILABLE TO ME, GIVEN MY GEOGRAPHY AND FAMILY COMMITMENTS.”

— Amy Riske

Amy Riske, MHM student, class of 2014

A five-week locum in Inuvik, Northwest Territories turned into 15 years and counting for Amy Riske, program coordinator at the Child Development Centre in Whitehorse, Yukon.

It’s 5,396 kilometres from Whitehorse to Hamilton, Ontario but that didn’t deter Amy Riske from enrolling in McMaster University’s Master of Health Management Program, a partnership between the DeGroote School of Business and the School of Rehabilitation Science which offers an on-line, part-time program for business-focused health professionals.

“The MHM program helped me apply evidence-based practice beyond individual clients to programs and policies,” Riske said.

“The online, part-time method allowed me the opportunity to study and learn in a way that would not otherwise be available to me, given my geography and family commitments.”

She said the learning and experiences of the past three years in the MHM program helped in both her day-to-day work and changed the way she thinks about her future career goals.
Additional Program Offerings

HPEP

We are excited to announce approval for our new program, the Health Professional Entrance Preparation (HPEP) Certificate Program! The HPEP Undergraduate Certificate is designed for international students who hold a 4-year baccalaureate degree and will prepare graduates with the broad-based skills to enter health professional programs including medicine, occupational therapy, physiotherapy, speech language pathology, nursing, midwifery, physician assistant and others at universities and colleges across Canada. With a focus on increasing an understanding of the health care system and the roles of the regulated health professions, building foundational knowledge and skills of the health professions and on enhancing written and interpersonal communication, graduates of HPEP will be better prepared for entry and success in Canadian health professional programs.

OTEPP

Initiated in 2008, with funding from the Government of Ontario and later the Government of Canada, the Occupational Therapy Examination and Practice Preparation (OTepp) project aims to assist internationally educated occupational therapists (IEOTs) and re-entry occupational therapists as they seek to transition into practice in Canada. The certificate program consists of four academic courses and one 300-hour practicum course, with students able to attend sessions face-to-face or online. Since its inception, nearly 92% of IEOTs who completed the certificate program passed the National Occupational Therapy Certification Exam, over 80% received licensure, and 75% obtained employment as occupational therapists. OTepp’s students come from countries around the world, truly representing our global community. The OTepp team is proud of the many successes of its students and graduates.

With guidance from the SRS, financial programs for internationally educated professionals, and support from OT regulators, OTepp continues its evolution from research project to self-sustaining program. Program Director Sue Baptiste looks forward to continued success for this important resource for IEOTs wishing to practice in Canada.

92% of IEOTs who completed the certificate program passed the National Occupational Therapy Certification Exam

80% of IEOTs who completed the certificate program received licensure

75% of IEOTs who completed the certificate program obtained employment as occupational therapists
GRADUATES OF HPEP WILL BE BETTER PREPARED FOR ENTRY AND SUCCESS IN CANADIAN HEALTH PROFESSIONAL PROGRAMS.

OTEPP’S STUDENTS COME FROM COUNTRIES AROUND THE WORLD, TRULY REPRESENTING OUR GLOBAL COMMUNITY. THE OTEPP TEAM IS PROUD OF THE MANY SUCCESSES OF ITS STUDENTS AND GRADUATES.
I am once again proud to be sharing this annual report with faculty, colleagues, alumni and community supporters of the School of Rehabilitation Science (SRS). The report highlights the SRS’s accomplishments from January 2013 – June 2014. As a School, we are delighted with all that we have accomplished in this time period. We would not experience our successes without the relationships that we have fostered with the community and the partnerships we have created both internal and external to McMaster.

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Patty Solomon
Associate Dean & Director
Rehabilitation Science

At right, the front entrance of the Institute for Applied Health Sciences building.

A caring heart

“I really love what I do and it has been a privilege to do it and be recognized.”

– Mary Law
Mary Law  
Professor Emeritus, SRS, McMaster University

Throughout her career as researcher, teacher and clinician, Mary Law has been lauded for the difference her caring heart has made to the lives of children with disabilities and their families.

“I really love what I do and it has been a privilege to do it and be recognized,” said Law who retired in June, 2014 as Professor in McMaster University’s School of Rehabilitation Science.

An occupational therapist, she served as Associate Dean and Director of the School of Rehabilitation Science, held the John and Margaret Lillie Chair in Childhood Disability Research and was the Co-Director of the MHM program and CanChild. During Law’s tenure the School of Rehabilitation Science grew significantly both nationally and internationally.

With developmental pediatrician Dr. Peter Rosenbaum, she founded CanChild, a research and educational centre that is a world leader and premium source for childhood disability information. After successfully winning a provincial government competition, the two pioneers created a network linking McMaster researchers with those in children’s rehabilitation centres throughout Ontario.

“The focus is on research that is meaningful to children, their families and service providers,” she said.

Twenty-five years later, CanChild is still going strong, growing into a world-wide network. “We are doing a lot of knowledge translation through our website to which we get 15,000 visitors a month,” Law said.

In May, The Canadian Association of Occupational Therapists presented Law with its Lifetime Membership Award.

Her instincts on uncovering better ways to improve the lives of children with disabilities continue to be as ground-breaking as ever.

Law is the recipient of several dozen awards, including her selection as keynote speaker at the World Federation of Occupational Therapists Congress in Santiago, Chile in 2012 and the Whittaker memorial Cerebral Palsy Award presented to her in 1999 by the Ontario Association of Children’s Rehabilitation Services for outstanding achievement in rehabilitation research and development for children with cerebral palsy.

Years ago, as a young student, Law randomly selected occupational therapy as a career never expecting it would lead to an international career in which she served as an expert consultant to institutions as far away as South Africa, the Netherlands, Israel and Australia.

Her prolific lifetime publications include 14 books, 66 chapters in books, 208 papers in refereed journals, 67 papers in refereed conference proceedings, 50 technical reports and 285 abstracts and/or papers.

Her instincts on uncovering better ways to improve the lives of children with disabilities continues to be as ground-breaking as ever.

“We have just finished an intervention study looking at how changes in the environment within a community can help youth with disabilities participate in community activities,” she said.

The environment of this research, and how it can be altered is the focus so that children with disabilities can participate in everything from baseball and riding a bike to hanging out with friends.

Reflecting on her 24 years at McMaster, Law said she appreciates the collaboration that has been fostered within the School, Faculty, and across the University and the opportunity to work with great teams of people. “I’m of the belief that no one individual can make a difference,” she said. “It’s by working together with excellent people that you really can do well.”
Student physiotherapists and occupational therapists are gaining excellent educational training and real-world skills in the unique MAC H²OPE clinic in downtown Hamilton, a partnership between the School of Rehabilitation Science and Hamilton’s YMCA. The clinic was initially developed as part of a proposal for McMaster University’s Forward with Integrity Fund (FWI). This fund was established as a result of President Patrick Deane’s FWI initiative, which encourages students to be involved in the broader Hamilton and global community. MAC H²OPE is also a part of Live Well – a comprehensive group of exercise and education programs made possible through a partnership between the YMCA of Hamilton/Burlington/Brantford, McMaster University and Hamilton Health Sciences.

Under the supervision of registered therapists, students assess and treat individuals who have a wide range of conditions, such as acute or chronic neurological challenges and musculoskeletal injuries, and who do not have access to publicly funded OT or PT services, or extended health insurance coverage. At MAC H²OPE students gain valuable clinical and organizational experience while enabling improved quality of life for people who may be at risk in health and wellbeing.

For both students and clients, MAC H²OPE has been an overwhelming success. Sarah Wojkowski and Lorie Shimmell, Directors of Clinical Education for the PT and OT programs respectfully, have indicated that the clinic has had a “phenomenal response” from the community. There continues to be on-going demand for services, with a growing waiting list of over 60 people. Current students and PT/OT graduates, also praise the deeper insights into patient care they are gaining from their experiences at the clinic.

Meaghan Barker, a class of 2015 Physiotherapy student noted that she was able to “… see different aspects of physiotherapy that I hadn’t personally experienced before.” Meaghan was at the clinic 2 days per week and combined her placement at MAC H²OPE with research at a private clinic.

Jessica Campbell, a registered Occupational Therapist and a 2013 graduate from the MSc(OT) program, completed her last clinical rotation at MAC H²OPE. She reflected on her time at MAC H²OPE by indicating, “the clinic gave me the opportunity to put my skills into practice before entering the workplace,” she said. “It gave me confidence and brought all my skills together.”
AT MAC H²OPE STUDENTS GAIN VALUABLE CLINICAL AND ORGANIZATIONAL EXPERIENCE WHILE ENABLING IMPROVED QUALITY OF LIFE FOR PEOPLE WHO MAY BE AT RISK IN HEALTH AND WELLBEING.
CanChild is an internationally-renowned research centre located within the School of Rehabilitation Science in partnership with the Department of Pediatrics. CanChild is comprised of a multi-disciplinary team of researchers and educators who collaborate to improve the life quality of children and youth with disabilities and their families. Investigators at CanChild are world leaders in generating innovative knowledge with respect to childhood disability.

On Monday, June 23, 2014 members of CanChild, media, parents, and children gathered at McMaster to celebrate the first 25 years of the centre. In attendance were the two founders, Drs. Peter Rosenbaum and Mary Law, who were able to reflect on how far CanChild has come. Dr. Law notes that, “25 years ago we didn’t have reliable and valid ways to measure the outcomes of our services. [As well] our interventions really only focused on ways of changing the child.” She credits the work of CanChild as having taken a leading role in how therapies are developed and evaluated, and also in reconsidering the kinds of outcomes that services can provide.

While Rosenbaum admits that they had no idea that the organization would last twenty-five years, the numbers offered at the celebration told an impressive story. During its life, CanChild has received more than $40 million in research grants. All of it received within an area of research that can easily go overlooked.

Dr. Patrick Deane, the president of McMaster University, noted that “CanChild has the pleasure of reflecting on its accomplishments, which are extraordinary. The centre has developed major research programs in the field of childhood disability research. It has established a world-renowned knowledge translation and exchange program. It has fostered a reputation for recruiting the brightest investigators and carefully training the next generation of outstanding scholars, promoting innovation and inspiring critical thinking about these issues along the way.”

The reflections of parents and children from the anniversary celebration supplemented the accomplishments of CanChild. “No one wants to go through this alone,” says Christine Chambers, mother of Kyle Chambers, about her family’s involvement in research and knowledge translation. “We want to be a part of helping other families.” Indeed, that’s what CanChild is ultimately all about.
“WE WANT TO BE A PART OF HELPING OTHER FAMILIES.” INDEED, THAT’S WHAT CANCHILD IS ULTIMATELY ALL ABOUT.” – Christine Chambers

Pictured in back, left to right: Sheryl and Kevin Kingsley (parents of Keegan and Kristina); Stephen Collins, associate dean, research, Faculty of Health Sciences (FHS); Peter Rosenbaum, co-founder, CanChild; Lennox Huang, chair, Department of Pediatrics; Patrick Deane, McMaster president; John Kelton, dean & vice-president, FHS; Jan Willem Gorter, executive director, CanChild; Peter Fitzgerald, president, McMaster Children’s Hospital. Pictured in front, left to right: Keegan Kingsley; Kristina Kingsley; Mary Law, co-founder, CanChild; Patricia Solomon, associate dean and director, School of Rehabilitation Science; and Kyle Chambers.
By the Numbers

OT 128
Enrolled students
- 72 students accepted for the September 2013 start date
- 1,087 students applied for the September 2013 start date

PT 134
Enrolled students
- 69 students accepted for the September 2013 start date
- 1,353 students applied for the September 2013 start date

Research grants led by RS students (PI or Co-I)
- 24

259
- 83 SRS Clinical Faculty
- 176 SRS Professional Associates

533 PT clinical placements
384 OT clinical placements
$30,766,167 total awarded funding to faculty as PI and Co-PI

RS 116
Enrolled students
- 21 MSc Thesis-based students
- 39 PhD students
- 56 MSc Course-based students

3 PhD students received CIHR Doctoral Awards

MHM 108
Enrolled students
- 6 MSc students
- 157 PhD students

163 Peer reviewed articles published by RS students
Faculty

Sue Baptiste
Professor
Professor Baptiste’s research interests focus on faculty development and roles in problem-based, learner-centred curricula, as well as, acculturation of internationally educated health professionals into Canadian professional practice.

Jackie Bosch
Associate Professor
Dr. Bosch’s area of research is in motor recovery post stroke, clinical trials methodology and measuring function.

Liiana Coman
Assistant Professor
Dr. Coman’s research interests include strategies for enhancing teaching and learning in higher education settings, the role of physiotherapy in primary care and physiotherapy models of practice.

Vanina Dal Bello-Haas
Associate Professor
Dr. Dal Bello-Haas’s research interests include older adults and individuals with neurodegenerative diseases, maximizing function and quality of life along the aging and disease continuum, and innovations in teaching and learning.

Carol DeMatteo
Associate Professor
Professor DeMatteo’s area of research is in mild traumatic brain injury/concussion in children and obstetrical brachial plexus injuries.

Shaminder Dhillon
Assistant Professor
Professor Dhillon’s current research interests focus on students with disabilities in post-secondary professional programs. In the past, she has also examined advocacy, human rights, disability, and professional issues for occupational therapy.

Vickie Galea
Associate Professor
Dr. Galea’s research is the study of motor behaviour using neurophysiological assessments as a window into typical and altered motor control of the upper limb.

Rebecca Gewurtz
Assistant Professor
Dr. Gewurtz has been involved in research exploring disability in the workplace, employment among individuals living with mental illness, and supported housing for persons with mental illnesses. Her focus is on how social and structural issues impact community participation and the delivery of services.

Jocelyn Harris
Assistant Professor
Dr. Harris is interested in developing treatment interventions that will maintain and promote recovery for individuals after stroke and traumatic brain injury when living in the community.

Bonny Jung
Associate Professor
Dr. Jung’s research focuses on interprofessional education, inclusive education, clinical education and curriculum development (ie. problem-based learning, university-community partnerships).

Michelle Kho
Assistant Professor
Dr. Kho’s research focuses on novel early rehabilitation strategies to reduce weakness in critically ill patients, clinical trials in critically ill patients, knowledge translation, research methodology (systematic reviews, practice guidelines), and health services and outcomes research.

Mary Law
Professor
Dr. Law’s research centres on the development and validation of client-centred outcome measures, evaluation of occupational therapy interventions with children, the effect of environmental factors on the participation of children with disabilities in day to day activities, and transfer of research knowledge into practice.

Lori Letts
Associate Professor
Assistant Dean, Occupational Therapy
Dr. Lett’s current research focuses on adults and older adults with chronic illnesses and helping them to manage their conditions in the context of the community. This involves work in primary care and other community settings.

Joy MacDermid
Professor
Assistant Dean, Rehabilitation Science Graduate Programs
Dr. MacDermid’s research projects focus on developing, and transferring into practice, the best evidence for prevention, assessment, and management of musculoskeletal injuries and disorders.

Norma MacIntyrie
Associate Professor
Dr. MacIntyrie’s research program is to improve arthritis care provided by physiotherapists.
To date, her investigations have focused on understanding the mechanisms that influence bone and joint health, such as sensori-motor and biomechanical factors, muscle-bone-joint interactions, and the biological and clinical effects of physical agents, including hydrotherapy and therapeutic ultrasound.

Monica Maly
Associate Professor
Dr. Maly’s area of research is in knee osteoarthritis, biomechanics, gait analysis, physical activity, accelerometry, qualitative research, disability.
Cheryl Missiuna
Professor
Dr. Missiuna’s area of research is in children and youth with disabilities, developmental coordination disorder (DCD), applied health services research and knowledge translation.

Sandra Moll
Assistant Professor
Professor Moll’s research interests relate to mental health/mental illness and qualitative, participatory methods. Her primary program of research focuses on workplace mental health, including peer education and support for healthcare providers.

Michael Pierrynowski
Associate Professor
Dr. Pierrynowski’s research program focuses on evaluating innovative modeling and statistical tools to understand the motion of the ankle, knee, spine, and neck and examining how the application of these models allows health care professionals to better treat their patients.

Nancy Pollock
Associate Professor
Professor Pollock’s research interests include: evaluation of interventions and service delivery models, goal setting with children, school-based occupational therapy practice, and family-centred practice.

Julie Richardson
Professor
Dr. Richardson’s research interests include measurement and intervention issues to promote mobility and lower-extremity functioning in older adults, risk factor assessment for decline of mobility and functioning with aging and the health transitions that older persons undergo in the process of disablement.

Lorie Shimmell
Assistant Professor
Director of Clinical Education, OT
Professor Shimmell’s research interests are centered in educational research including reflective journaling in the development of OT competencies, preparation of student occupational therapists for international placement experiences, and capacity building in clinical education.

Patty Solomon
Professor
School of Rehabilitation Science
Director,
Dr. Solomon’s area of research is in HIV, disability and rehabilitation, and educational innovation as relates to problem-based learning and interprofessional education.

Debra Stewart
Associate Professor
Associate Professor Stewart’s area of research is in transition to adulthood for youth with disabilities as well as qualitative research methods.

Paul Stratford
Professor
Professor Stratford’s research interests are in the field of clinical measurement.

Ada Tang
Assistant Professor
Dr. Tang’s area of research is in exercise and cardiovascular health among people with stroke and other neurological conditions, particularly as these relate to cardiovascular risk factors and prevention of cardiovascular disease.

Joyce Tryssenaar
Associate Professor
Dr. Tryssenaar’s field of research includes curriculum development and evaluation, rural and remote education and practice, and interprofessional experience in online learning.

Brenda Vrkljan
Assistant Professor
Physiotherapy Coordinator, Northern Studies Stream
Professor Vrkljan’s research interests include orthopedics, primary care and human resource strategies to underserved areas.

Christopher Winn
Assistant Professor
Dr. Winn is the lead investigator of the McMaster-Candrive team, a Canadian Institutes for Health Research (CIHR)-funded initiative. Brenda’s area of research is in driver rehabilitation and community mobility across the lifespan as well as technology use and participation in older adulthood.

Laurie Wishart
Associate Professor
Dr. Wishart’s area of research is in motor learning and control in older adults, as well as development and evaluation of rehabilitation interventions focused on older adults and individuals with neurological impairments (stroke).

Sarah Wojkowski
Assistant Professor
Director of Clinical Education, PT
Professor Wojkowski’s research specialty is in primary health care, chronic disease self-management and emerging roles for rehabilitation.
Clinical Placement Facilities

**McMASTER CATCHMENT**

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<tr>
<th>Facility Name</th>
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### NORTHERN STUDIES STREAM

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## Clinical Placement Facilities

### PT

**McMaster Catchment**

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North Hamilton Community Health Care Centre Hamilton Ontario
Performance Physiotherapy (DSD Management) Stoney Creek Ontario
Physio-Care Services Hamilton Ontario
Portal Village Retirement Home Port Colborne Ontario
Queenston Physiotherapy & Rehabilitation Centres (PT Health) Stoney Creek Ontario
Rehab8 Physiotherapy Clinic Hamilton Ontario
Reinhold Rehabilitation Services Hamilton Ontario
Riverside Health Care Facilities Fort Frances Ontario
Ross Physiotherapy Solutions Georgetown Ontario
Saint Elizabeth Health Care Hamilton Ontario
Simcoe Physiotherapy Centre / North Shore Physiotherapy Simcoe Ontario
Six Nations Health Services Ohsweken Ontario
St. Catharines Physiotherapy Centre St. Catharines Ontario
St. Joseph’s Health Centre Guelph Ontario
St. Joseph’s Healthcare Hamilton Ontario
Steps For Health Hamilton Ontario
Stoney Creek Physiotherapy (PT Health) Stoney Creek Ontario
Support In Motion Hamilton Ontario
The Arthritis and Sports Medicine Centre (DSD Management) Ancaster Ontario
The Physiotherapy Edge Grimsby Ontario
Total Health Physio Ancaster Ontario
Tri-City Physiotherapy Cambridge Ontario
Universal Health Care Brantford Ontario
Upper James Physiotherapy & Sports Medicine (DSD Management) Hamilton Ontario
Upper Ottawa Physiotherapy Hamilton Ontario
Victoria Physiotherapy (PT Health) Hamilton Ontario
Wellington Ortho and Rehab Associates Guelph Ontario
West End Physio Hamilton Ontario
West Lincoln Memorial Hospital Grimsby Ontario
William Osler Health Centre - Brampton Civic Hospital Brampton Ontario
Woolwich Community Health Centre St. Jacobs Ontario

OUT OF CATCHMENT

Calgary Fall Prevention Clinic Calgary Alberta
Cambridge Memorial Hospital Cambridge Ontario
Corbett Clinic Edmonton Alberta
ErinoakKids - South Milway Site Mississauga Ontario
GF Strong Rehabilitation Centre Vancouver B.C.
Great Lakes Physiotherapy - Brock Physiotherapy and Athletic Injury Centre Whitby Ontario
Integrated Health Services - Elmsdale Elmsdale Nova Scotia
Mackenzie Richmond Hill Hospital Richmond Hill Ontario
Peterborough Physiotherapy and Sports Injuries Clinic Peterborough Ontario
Queenway Carleton Hospital Ottawa Ontario
River Valley Health Waterville New Brunswick
Sports & Exercise Medicine Institute - St. Clair Clinic Toronto Ontario
Stouffville Physiotherapy Clinic Stouffville Ontario
Trillium Health Partners - Mississauga Hospital Mississauga Ontario

NORTHERN STUDIES STREAM

Atikokan General Hospital Atikokan Ontario
Back in Motion Physiotherapy Sault Ste. Marie Ontario
Dryden Regional Health Centre Dryden Ontario
George Jeffrey Children’s Treatment Centre Thunder Bay Ontario
Nipigon District Memorial Hospital Nipigon Ontario
Northern Physiotherapy & Sports Injury Clinic Thunder Bay Ontario
Red Lake Margaret Cochenour Memorial Hospital Red Lake Ontario
Rehab Plus Timmins Ontario
Restore Physiotherapy Timmins Ontario
Sault Area Hospital Sault Ste. Marie Ontario
St. Joseph’s Care Group Thunder Bay Ontario
St. Joseph’s Hospital Thunder Bay Ontario
The Arthritis Society Thunder Bay Ontario
Thunder Bay Regional Health Sciences Centre Thunder Bay Ontario
Timmins & District Hospital Timmins Ontario

INTERNATIONAL

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Vallely, Michael
Van Es, Judy
Van Sickle, Heather
Vaughan, Heather
Versi, Bashir
von Zweck, Claudia
Westaway, Michael
Westbrook, Elizabeth
Weston-Smith, Deborah
White, Catherine
Wizowski, Lindsay
Worne-Laing, Deana
Yee, Silvana

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Faculty Publications

Sue Baptiste


Jackie Bosch


Lilian Coman


Vanina Dal Bello-Haas


Carol DeMatteo


Rebecca Gewurtz


Jocelyn Harris


Bonny Jung

Michelle Kho


Mary Law


Dewan N, MacDermid JC. (2014) Effect of box taping as an adjunct to stretching-strengthening exercise program in correction of scapular alignment in people with forward shoulder posture – A randomised trial. ISRN Rehabilitation. Article ID 510137, 12 pages.

Norma MacIntyre


MacIntyre NJ, Recknor CP, Recknor JC. (2014) Spine curve measures taken in individuals with osteoporosis and osteopenia using the IONmed mobile phone application are highly consistent with digital inclinometer measures. ISRN Rehabilitation, Article ID 508414, 6 pages.


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Sandra Moll


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Nancy Pollock


Julie Richardson


Joyce Tryssenaar

Brenda Vrkljan


Laurie Wishart


